



DEAR FRIENDS,

We have so much going on this year. The team is already working on our plans for the summer events and the third annual Scinto Family Day Carnival.

It seems everyone is talking about health and fitness these days. We have you covered with the multiple gyms and health clubs in our buildings. For hours and locations, go to Scinto.com/amenities.

The days are already starting to grow longer. Soon it will be spring and many of you will be utilizing the sidewalks as walking trails, along with the basketball court and tennis court, which we highly encourage!

Bob Scinto

TENANT SPOTLIGHT



Peralta Design is a think tank and digital creative house that provides creative services, web development and marketing strategies for new and existing products, brands, businesses, organizations, and corporations; all while providing a premium customer service experience from kick-off to launch. We've grown to combine business insights, award-winning design with the latest web development and software engineering technologies to create the right brand identities, marketing collateral, responsive websites, promotional videos and advanced mobile applications to fit your needs.

"We are thrilled to be joining the Scinto family of companies in our new Enterprise Drive location. The generous nature and 'paying it forward' culture that Scinto is known for aligns well with our company's philosophy of giving back to the community. The entire experience of designing our new space and moving in has been top notch. We can't wait to show it off to the local business community and we want to remind everyone that we are your local resource for professional quality branding and web design." - Ramon Peralta

Peralta Design | 2 Enterprise Dr. Shelton, CT Ste 418 | PeraltaDesign.com | 203.513.2222


Security News congratulations to Tom and Caitlin Ballaro

Amerilert: R. D. Scinto uses an [Emergency Notification System](#) to inform tenants of any situation that could affect use or access to their offices. In the event of power interruption, loss of HVAC, fire, flood, or police activity, a message is sent to subscribers with information about the event and updates until the situation is resolved. The purpose is to provide timely & factual information to senior management to help in the process of making critical business decisions relating to use of their offices. All tenant senior and HR management are urged to sign-up as soon as possible by emailing security@scinto.com.

**If you do not already receive our emails, sign up for email updates on our website or by sending an email to newsletter@scinto.com that says "sign me up!"*

Tom Ballaro, our Security Desk Supervisor, and his wife Caitlin, **completed the 2017 Walt Disney World Marathon in Orlando, Florida, on January 8th.** This was the first marathon for Tom and Caitlin. Tom's time was a very respectable 5 hrs, 20 mins. Walt Disney's Marathon is a spectacular four-park celebration hosted by Mickey Mouse. Every step was magic on this 26.2-mile run through all four Walt Disney World® theme parks and the ESPN Wide World of Sports Complex with plenty of surprises, entertainment and Disney magic along the way. It's the most magical course on Earth, including runs through the Magic Kingdom® Park, home of favorite Disney characters, Disney's Animal Kingdom® Park where wild adventures happen, Disney's Hollywood Studios® with all its show biz magic, and Epcot® with its amazing Future World and World Showcase. In preparation for the event, Tom and Caitlin trained on the streets of Shelton, throughout 2016.



SAIL SMOOTHLY THROUGH TAX SEASON

INDIVIDUAL RETURNS
CORPORATE RETURNS
PARTNERSHIP RETURNS
TRUST RETURNS

KARPINSKI & ASSOCIATES
FRANCIS E. KARPINSKI
Certified Public Accountant

With over 35 years of tax and accounting experience, we offer income tax preparation and financial advice for individuals and a full range of accounting services for businesses and their owners.

Karpinski & Associates is conveniently located at One Corporate Drive, Suite 202, Shelton, CT. Appointments are available during normal business hours, evenings, and weekends.



BIKRAM YOGA
SHELTON

1 FREE YOGA CLASS
(for new students only)

DISCOUNTED RATES
FOR SCINTO TOWER
EMPLOYEES

BENEFITS OF CORPORATE YOGA

- Improves - concentration, and ability to multi-task
- Reduces - multiple costs of stress-related illnesses and absenteeism
- Relieves - head, neck and back strain, carpal tunnel syndrome, insomnia, high blood pressure and work-related injuries from repetitive motion and/or lifting and moving objects.
- Improves - decision-making skills
- Improves - employee alertness and productivity.
- Creates - better customer service;
- Enhances - employee attitude and outlook
- Promotes - well-being in the workplace



Bright Horizons
Early Education & Preschool

SCINTO WEEK
A private event for R.D. Scinto tenants

Discover Bright Horizons at Enterprise Corporate Towers during the week of:
TUESDAY, FEBRUARY 21 - FRIDAY, FEBRUARY 24

Information Session Thursday, February 23 4:30 PM - 5:30 PM	Open House Hours Tuesday - Friday 7:30 AM - 5:30 PM	Private Tours Available by Appointment.
--	--	--

Each session will allow visitors the unique opportunity to tour our school, meet our talented educators, explore our curriculum and learn about enrollment, back-up care, and drop-in care opportunities.

Email or call today to RSVP for our Information Session or to book a private tour.

Bright Horizons
Early Education & Preschool

Bright Horizons at Enterprise Corporate Towers
3 Corporate Dr., Shelton, CT 06484
203-926-1398
ect@brighthouse.com
www.brighthorizons.com/ect

Special Offer:
\$150 TUITION CREDIT

*Offer valid only for visitors during Open House hours and at the center. Credit will be applied to the center's tuition fee after the Open House hours of the visit. *Offer is not valid for children already enrolled at Bright Horizons.



DERMATOLOGY PHYSICIANS
OF CONNECTICUT

Special offer for Scinto Towers tenants:
Courtesy cosmetic consultation and 15% discount off cosmetic procedures in the month of February with Dr. Heather Hamilton.

Dr. Hamilton is a board certified dermatologist who is fellowship-trained in performing cosmetic procedures including injectable soft tissue fillers (i.e. Voluma, Restylane, Perlane, Juvederm, Belotero, Volbella), neuromodulators (i.e. Botox), and laser treatments for broken blood vessels, sun spots, scars and wrinkles.

Dermatology Physicians of Connecticut
4 Corporate Drive, Suite 386 * Shelton, CT 06484
(203) 538-5682 * DERMATOLOGYOFCT.COM

DON'T HIDE YOUR SMILE FROM YOUR VALENTINE - STRAIGHTEN IT WITH INVISALIGN!

If you or your loved one has been putting off straightening your teeth, now is the time to get started on your new smile with Dr. Mark Feinberg and Invisalign. Get the smile you deserve without anyone knowing. Just call our office today or go online at www.feinsmiles.com and we'll schedule a complimentary Invisalign consultation. We look forward to meeting you at our Orthodontic Center of Excellence for a tour of our beautiful office and cup of coffee or tea



DIPLOMATE
AMERICAN BOARD
OF ORTHODONTICS



The Clear Alternative to Braces

MARK FEINBERG D.M.D.
Specialist In Orthodontics

(203) 513-2014
4 Corporate Drive
Suite 195

Special Courtesy to Scinto Towers tenants, employees and their families. Please call or visit to inquire.
www.FeinSmiles.com

Joseph Pilates started working in New York in 1926. For over 90 years ago his method has helped enable people enjoy living more freely. The exercises focus on having a strong and flexible spine, it thus supporting one's limbs to move easily. He once said, "In ten sessions you'll feel a difference, in twenty you'll see the difference, and in thirty you'll have a whole new body."

Benefits of Pilates on a regular basis...

Create a balanced, toned body * Enhanced athletic performance * Improves postural alignment
Improve circulation * Help maintain bone density * Increase energy level and confidence
Plan on having more fun in your life!

Karen Kopf studied Pilates with Romana Krysanowska, one of Joseph Pilates first disciples. She started teaching at SUNY, Purchase in 1988. Now, Karen has opened her own studio at BDx Fitness in Corporate Tower 3, seeking to provide the highest quality of Pilates.

Are you curious about Pilates?... Heard of it, but don't really know what it is?...

Schedule a free half-hour private session. Contact Karen Kopf at 203-225-0772, or k.kopf@bdfitness.com