



DEAR FRIENDS,

The deli in Corporate Tower One will be closed for about two months starting at the beginning of April. We are going to be making some major renovations so it will be more of a gathering place and offer more healthy food selections. I built this building in 1986, which is now 30 years ago, and this will be the first time this space will be renovated. Each year I try to pick and complete a major project so we can continue to make progress. Last year was the healthclub in Corporate Tower Three.

We are off to a good start with tennis and have 45 people signed up so far. I am looking forward to seeing the tennis court be utilized more. Please remember, it has night lighting so you may play at night if you choose.

I am looking forward to spring and seeing all of our flowers.

**If you do not already receive our emails, sign up for email updates on our website or by sending an email to newsletter@scinto.com that says "sign me up!"*

Bob Scinto

R.D. SCINTO NEWS AND EVENTS

April 1: April Fools Day

April 22: Earth Day

May 2 - 6: Spring Vendor Fair

May 5: Cinco de Mayo

Amerilert: R. D. Scinto uses an **Emergency Notification System** to inform tenants of any situation that could affect use or access to their offices. In the event of power interruption, loss of HVAC, fire, flood, or police activity, a message is sent to subscribers with information about the event and updates until the situation is resolved. The purpose is to provide timely & factual information to senior management to help in the process of making critical business decisions relating to use of their offices. All tenant senior and HR management are urged to sign-up as soon as possible by emailing security@scinto.com.

TENANT SPOTLIGHT

BARNUM FINANCIAL NAMED METLIFE FIRM OF THE YEAR

Barnum Financial Group, an office of MetLife and part of the MetLife Premier Client Group, has been named **MetLife's 2015 Firm of the Year**, marking the eighth time that Barnum has received the award over the past 12 years it has been in existence.

"Reaching the level of performance required to be **Firm of the Year** took an unrelenting commitment to all of our clients from all of our employees, including our financial advisors and their teams, as well as our managerial and support staff," commented Paul Blanco, Managing Partner at Barnum Financial.

"We could not be more pleased and proud to receive this award. Our culture of client first, in-depth financial planning, and financial education has been instrumental to achieving this success," he added.



MetLife Premier Client Group is the distribution channel name for the offices of Metropolitan Life Insurance Company [MLIC], New York, NY 10166 L0316460298[exp0317][CT]



BDxFITNESS

New classes starting soon

Yoga

April 4 - May 11. Twice a week for six weeks. Classes will be held on Mondays and Wednesdays at 5:30-6:00PM, 6:00-6:30PM

Core Strength Training

April 4 - May 11. Twice a week for six weeks. Classes will be held on Mondays and Wednesdays at 12:00PM-12:30PM

Cardio Kickboxing

April 4 - May 11. Twice a week for six weeks. Classes will be held on Mondays and Wednesdays at 12:30PM-1:00PM

Core Strength Training

April 5 - May 12. Twice a week for six weeks. Classes will be held on Tuesdays and Thursdays at 12:15-12:45PM, 5:00-5:30PM, and 5:30-6:00PM

Pilates

April 5 - May 12. Twice a week for six weeks. Classes will be held on Tuesdays and Thursdays at 12:45-1:15PM

Classes are \$125 each plus tax
Contact Rob Rodriguez if interested:

r.rodriguez@bdfitness.com
(203) 225-0772

BDFitness.com | 3 Corporate Dr Shelton, CT 06484

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Paul Blanco
Managing Partner
Barnum Financial Group



Brandon Dufour
General Manager
The Next Street

Why you should attend ... and bring your team!
Interactive experience, practical guidance, useful tools,
personal growth, networking and continuing education

Friday, May 6 - 7:30 am - 5:00 pm - 3 Corporate Drive Auditorium

Tickets now on Sale!

For complete details visit: bit.ly/gvccast16

Leadercast is the largest one-day leadership event in the world. Broadcast live each year from Atlanta to 100,000+ people in hundreds of locations around the world.



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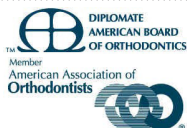
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For students, By scientists | CERTS Presents (CERTS, An Outreach Initiative Of CaresBio Laboratory)

Annual Science Workshop 2016

CARTS is a nonprofit outreach initiative by Caresbio Laboratory in collaboration with universities to increase awareness, provide help and encouragement in scientific education and mentoring students towards successful scientific career.

Registration: There is no course fee for the workshop. Registration is required. Please contact us at caresbiosp@gmail.com to register and for any further information. Limited seats are available, please register early. Registration deadline: June 15th, 2016 and or until the seats are available.



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Mental, Emotional & Behavioral Disorders in Young People

Tuesday, April 5, 2016

8:30 am to 10:30 am (Registration begins at 8:00 am)

R.D. Scinto Auditorium - Corporate Tower 3
3 Corporate Drive
Shelton, CT 06484

Register today at <http://bit.ly/DrEmbry>.

"For the first time in North America, more children have mental illnesses than physical illnesses..."

Canadian Broadcast Corporation, DOC ZONE CBC-TV, July 25, 2014

Guest Speaker:

Dennis Embry, Ph.D., President, PAXIS Institute

The death and disease rates for mental, emotional, and behavior disorders are increasing every year in America. The epidemic touches one out of two young people by age 18, with lifetime effects for every Connecticut family and community.

Learn how Connecticut can be the first state to launch a public health prevention strategy to protect all children.

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**Monthly Planning Meeting
April 13th, 2016 @ 7:00 PM**

1 Corporate Drive - Shelton, CT 06484
1st Floor Conference Room

Want to get involved?

Come join our April
meeting to find out how!

**The Shelton Voters Network builds a stronger
democracy. We:**

educate Shelton residents about our local government,
engage Shelton residents in local decision making, and
advocate for processes that ensure strong public input
and transparency in our Shelton government.

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